

Change Your Smile

Drs. Lisa Lehky and Wade Najem offer some of the most advanced methods for straightening teeth in all of Northeast Ohio. Here's how they can change your smile.



Photos by Benjamin Margalit/Margalit Studio

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by **KenMcEntee**
Contributing Writer

Brace yourself for the straight facts: Crooked teeth can hinder a person's self-confidence.

That's why Dr. Lisa Lehky became an orthodontist.

"I wanted to make people happy and make them smile," Dr. Lehky shares. "It is a great thing about my profession. You take somebody who is self-conscious about her appearance and straighten her teeth and she becomes a completely different person."

Knowing the importance of a gorgeous smile, Dr. Lehky and her husband, Dr. Wade Najem, specialize in Incognito lingual braces that are custom-designed to fit the backside of the teeth instead of the front.

"With Incognito, a straight smile can

be obtained without the 'metal mouth' appearance," Dr. Najem explains. "Everybody deserves the many benefits offered by a beautiful, straight smile. A great smile can make all the difference in the world both personally and professionally."

Drs. Najem and Lehky have been making patients—and each other—smile for years, having met in dentistry school at The Ohio State University. They each practiced general dentistry for some time and did residencies at local hospitals before deciding to specialize in orthodontics.

"Together, we may have more education in our backgrounds than anybody in Northeast Ohio," Dr. Najem says. "Through our training we have been exposed to all aspects of dentistry, including surgery."

His patients, he insists, are what make his job fun.

"We have a blast with the kids and the adults," he says. "That's probably why most of our new patients are referrals from other patients. It's a Godsend to be able to enjoy what you do for a living."

While having fun, Drs. Najem and Lehky

say they are serious about using the latest orthodontic appliances, techniques and technologies available.

"The office is completely digital and we do 3D scanning to check for impacted teeth and other complications we need to know about," Dr. Lehky says. "Along with Incognito, we do traditional braces and Invisalign invisible braces."

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"We use 3M products, which are the Rolls Royce of orthodontic appliances," Dr. Najem adds.

The concept of "lingual" braces that attach to the inside, rather than the outside of teeth isn't new—it's been around since the 1960s. But the difference with Incognito is comfort.

"People ask whether Incognito will be more uncomfortable than traditional braces, but we've found the opposite to be true," Dr. Lehky says. "Unlike lingual braces of the past, which were bulky, these are made of gold and have a very low profile. They are custom fit just for the person they are made for. Some patients get them for their upper arches, which are more visible, but get traditional braces for their lower arches.

Then they wish they would have gone with Incognito for both upper and lower."

Last month, Drs. Najem and Lehky began to use 3M Unitek's new clear ceramic braces that feature game-changing "No Flash" bracket technology.

"No Flash adhesive allows us to move directly from bracket placement to bracket cure without having to remove adhesive flash or cement, which means no clean up is needed," Dr. Lehky explains. "This technology reduces bonding time by up to 40 percent per bracket, which equates to our patients having to spend less time in the chair."

Because Drs. Najem & Lehky make oral hygiene a top priority, they partner with Crest and Oral B to bring the Ortho Essentials program to their patients. Ortho Essentials is a three-step program designed to boost oral health and hygiene practices in orthodontic patients.

Drs. Najem & Lehky work with patients of all ages. Because appearance is so important in many professions, they are seeing an increasing number of adult patients.

You can find out how beautiful teeth can change your life by visiting Drs. Najem & Lehky Orthodontics at 55 South Miller Road, Suite 101, in Fairlawn. You can make an appointment by calling 330-864-3331 and find blogs and other information at www.BracesByUs.com. They accept most insurance and offer convenient payment plans.



The fully digital patient files are easily accessible from the various computers within the office.